Mattress Care Guide

After you have slept on your mattress for a while, you may see body impressions in the mattress. This is natural as the comfort layers naturally allow for body molding or impressions. However, to keep the body impressions from becoming too deep, you must rotate, flip, and fluff your mattress on a regular basis.

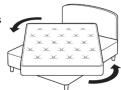
During the first 3 months, the mattress should be rotated every month. After the first 3 months, it should be rotated, flipped, and fluffed quarterly.



HYPNOS THE MOST COMFORTABLE BEDS IN THE WORLD

How to Rotate a Non- Flip Mattress

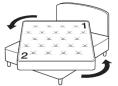
A. Rotate the mattress through 90°





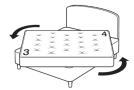
How to Rotate a Two-Sided Mattress

A. Rotate the mattress through 90°



B. Turn the mattress over

C. Rotate the mattress through a further 90°





How to Fluff Your Mattress

Help your bed sustain its comfort and integrity for longer with periodic massages, best done before a turn or rotation. Start by removing the sheets, mattress protectors and any other accessories on the mattress such as mattress toppers etc. (if any). Form your hands into fists and press down into the bed, moving your hands in an even pattern. Start at the foot of the mattress and work up towards the head until you've covered the entire surface of the bed. For two- sided mattresses, flip the mattress and repeat this process.

Once the surface of the mattress is covered repeat this process evenly on the sides of the mattress as well for optimum results.





